This is a repost from our monthly Ezine. And since I was stuck in traffic last night on Hwy 52, it seemed appropriate to remind everyone, including myself, about this great website.

Have you ever found yourself sitting in traffic and wondering what the problem was? Well we have discovered a great tool to help you with that. This website Sigalert.com enables you to check your route to see if there are any traffic backups/delays or road construction. For those of you who travel in Winston Salem you are aware of the many delays on the 421 or 52. Both of these highways are located on Sigalert. Also listed on there are the construction delays for the current liberty street bridge replacement and the camera relocation on US 421.

Imagine how much easier life would be if you knew ahead of time if you were going to be stuck in traffic. Sigalert also offers options for cell phones as well as iphone's. This website is being updated continuously so you will always have the most up to date information.

Sigalert covers 34 out of 50 states as well as the District of Columbia. This makes it even better because if you are travelling from North Carolina to New York City you are able to check the traffic as you approach the "City" and can avoid or alter your route. Using this tool along with a GPS would make anyone's driving trip so much easier. Another of the features is a page to help you find the shortest route to your destination.

My husband started checking this site every night before I left work and now it has become my habit to check to make sure I don't get stuck in traffic. As we know getting stuck in traffic for any length of time is not only a hassle but time consuming.

As a side note, here are some things you should do to prepare your car for sitting in traffic: make sure you have enough gas in your tank (being low on fuel or running out just creates more headaches for you), make sure your radiator has enough fluid (it's always a good idea to carry extra water and coolant in your car), be sure that your cell phone has a full charge, and lastly it is good to have enough drinking water in the car for all passengers.

So before you head out to work, school or a road trip, be sure to check the sigalert website for your departure city as well as your destination city.